

HOPE BAPTIST BASKETBALL 2010 RULES

THE SEASON

1. The season will have 9 regular scheduled games.
2. There will be a single elimination tournament for each league at completion of scheduled games. Teams will be seeded according to their record during regular season games. Any ties will be determined in the following manner:
 - a. Head to head completion
 - b. Total points difference of head to head competition.
 - c. Common opponent's record.

THE GAME

1. Length of game

* Must do something to try & prevent blow-outs!

All ages 10 and under will play 4 eight minute quarters with a running clock for the first six minutes of each quarter. During the last two minutes of each quarter, the clock will stop with fouls and ball out of bounds. Each team will be allowed 2 one minute time outs per half. During the half of each game, each player will be allowed to shoot one free throw. If made, it will count as one point for their team. This gives each player an opportunity to score. If one team has more players than the other team, the team with the fewest players will be allowed to select the proper number of players to equal out shots taken. Each team will shoot at the same goal. Visiting will shoot all of their shots first and then home team will shoot their shots. Once equal numbers of shots have been taken, the second half will begin 60 seconds later.

In lane rule – lead by 15 – Under 10

Ages 11 and up will play 4 ten minute quarters with running clock for the first eight minutes. During the last two minutes of each quarter, the clock will stop for free throws and ball out of bounds. Each team will be allowed 2 twenty second time outs and 2 full (1 minute) time outs per half. Half time will be five minutes long.

In lane rule – lead by 20 – Ages 11 and up

Overtime will be **3 minutes long** for all age groups using standard timing. Each team will be allowed 1 full time out. Fouls from regulation time will carry over to overtime. Time outs carry over to overtime.

Games will be scheduled so that they can begin on time. However, there will be a minimum of 7 minutes between games.

UNIFORMS AND EQUIPMENT

All uniforms shall be of like color and have a legible number on back of jersey. Undershirts may be worn, but cannot have ragged edges. Hope athletic committee member must agree to any changes.

Shirt Tails – Boy's Must Tuck in Shirts

Ages 14 and under and 15-18 girls will use a 28" – 28 ½" ball.

Ages 15-18 boys and all adults will use a full sized men's ball.

Ages 5-7 will use 8' goals and have a 10' free throw line.

Ages 8-10 will use 9' goals and have a 10' free throw line.

Ages 11-14 will use 10' goals and have a 12' free throw line.

Ages 15 and up will use 10' goals and have a 15' free throw line. Three point baskets will be allowed in all age groups.

PLAYING TIME

Each player of each team must play 2 quarters of every game attended (each must play half the game).

PRESSING

Ages 12 and under will have no back court pressure, including throw in while in backcourt. Team possessing the ball has ten seconds to get the ball past half court line. Penalty – turnover, change of possession at half court.

Pressing will be allowed in all other age groups at all times except by a team who leads by 15 or more points. This includes throw in in opponent's back court. Penalty will be technical on coach, one team foul, 2 free throws, and possession of ball after warning.

FOULS AND FREE THROWS

Ages 10 and under will not be allowed to shoot free throws until last 2 minutes of each quarter. During first six minutes of quarter, all fouls including shooting fouls will be recorded as personal fouls and team fouls, and possession of ball goes to team that was fouled. Once inside of 2 minutes remaining in quarter, and team is in bonus (7 team fouls), the player fouled is awarded as follows:

- a. Non-shooting fouls-----1 and 1 free throw
- b. Shooting foul (shot missed)-----2 or 3 free throw accordingly
- c. Shooting foul (shot made)-----1 free throw

Ages 11 and up will follow the rules of The National Federation of High School Basketball concerning fouls and free throws.

TECHNICAL FOULS

All technicals fouls will be 2 shots and possession of ball. Technical fouls will count as personal and team foul. Any player or coach receiving 2 technicals within a game will be ejected from the game. Anyone ejected from a second game during the course of the season will be removed from the league.

CONDUCT

Coached will be responsible for conduct of himself or herself, and that of any assistant coach and players. Also, coach will be confronted to control any spectator associated with their team for unsportsmanlike behavior. If problem persists, coach may be assessed a technical foul.

MISCELLANEOUS

NO DUNKING ALLOWED AT ANYTIME – GAME OR PRACTICE

If caught dunking, you forfeit your right to use our facility and could be deemed responsible for any damages that may incur.

Players entering game must notify scorekeeper and remain at scoreâ€™s table until beckoned by referee.

Coach must remain in vicinity of bench and more than three feet from center court line, except for signaled timeouts, injuries, or to confer with referee or scorer.

All other rules not stated above will follow the guidelines of the National Federation of High School Basketball.

It is the goal and desire of HOPE Baptist Church Athletics to provide a Christian atmosphere for every person associated therewith. Our Athletic program is a ministry outreach program for our community and the communities of other churches that participate with us.